



Instructor Course

Skill Presentation Sample Lesson Plan

Name:

Course:

Date:

Outcome: What do you want to see (skill/manoeuvre) the candidate accomplish?

IDEAS Method: Introduce > Demonstrate (no talking) > Explain > Action > Summary

Introduce: 1 - 2 sentences maximum to give the lesson some context.

Demonstrate: Demonstrate the skill without talking.

Explain: Breakdown explanation (3-4 key points).

- 1.
- 2.
- 3.
- 4.

Action or Activity: Participants go and do.

- Some will go and do. Some will ask more questions then go and do. Some may want a written document to read more about it (at the end of the session).
- Error detection and correction including critical feedback.

Summary: 1-3 quick points for participants to remember and close the lesson.

- 1.
- 2.
- 3.