



Moving Water Canoe Advanced Tandem Skills Checklist

This checklist is based on the Paddle Canada Lake Canoe Advanced Tandem Skills Program Manual. For up to date skills and requirements, please consult the most recent manual.

Paddle Canada Waiver Collected									
Paddle Canada Course Number:	Participant 1	Participant 2	Participant 3	Participant 4	Participant 5	Participant 6	Participant 7	Participant 8	
Instructor Name(s):									
Risk Management	P=Pass W=Weak I=Incomplete								
Properly wear a life jacket/PFD									
Communicate effectively with their partner									
Identify hazards									
Respond appropriately to signals									
Demonstrate a canoe and swimmer rescue									
Paddling Skills									
Stroke Blending									
Sculling Draw									
Sculling Pry									
Charc									
Launching in a Circulating Eddy									
Landing in a Circulating Eddy									
Back Ferry									
Surfing in Class II Waves: Front									
Suring in Class II Waves: Back and Side									
Running Tight Bends									
Linking Manoeuvres									
River Running Techniques									
Wave Turn									
Knowledge									
Paddling concepts: Leading the Boat, Crossing the Grain, Balance and Stability									
River Reading									
Canoe Design and Outfitting									
Managing Risk Trip Planning									
Rescue Equipment									
Additional Training in First Aid and Swift Water Rescue									
Environmental Impact									
History / Paddle Canada / Resources									
Student Outcome: (Pass, Conditional, Fail)									
Instructor Notes:									